

## NCBC Spring Rally - 6 Mile Family Fun Ride

Seq	At	Go	X	For	On	Comments	To Go
1	0.0	From		0.1	Lifetime Fitness	<i>On trail behind Lifetime Fitness</i>	5.9
2	0.1	Right	➤	0.3	Crescent Green Drive	<i>On sidewalk for short distance</i>	5.8
3	0.4	Right	➤	0.4	West Lochmere Drive	<i>Follow Lochmere Bike Route</i>	5.5
4	0.8	Straight	⊕	1.7	Lochmere Drive	<i>Cross Kildaire Farm Road</i>	5.1
5	2.5	Right	➤	0.1	Scotia Place	<i>Just prior to Cary Parkway</i>	3.4
6	2.6	Right	➤	0.4	Strathburg Lane	<i>Loop around neighborhood</i>	3.3
7	3.0	Right	➤	0.1	Scotia Place		2.9
8	3.1	Left	⊕	1.7	Lochmere Drive		2.8
9	4.8	Straight	⊕	0.2	West Lochmere Drive	<i>Cross Kildaire Farm Road</i>	1.1
10	5.0	Left	➤	0.1	into Harold Ritter Park		0.9
10	5.1	Left	➤	0.1	toward Greenway	<i>Take first left after entering park</i>	0.8
11	5.1	Right	➤	0.5	Swift Creek Greenway		0.8
12	5.6	Right	➤	0.2	Regency Parkway		0.3
13	5.8	Right	➤	0.1	toward Lifetime Fitness		0.1
14	5.9	To			Lifetime Fitness	<i>Done!</i>	0.0

### Important notes:

1. Obey all traffic signs and regulations.
2. In case of medical emergency, call 911.
3. To contact the rally director call David Cole at 919-924-3039.
4. The route is marked with yellow, spray-painted arrows with a circle at the bottom.
5. The arrows are placed beside "intersection ahead" signs, and just before and after intersections
6. A yellow "X" in a circle indicates you have just missed a turn!

RideWithGPS

